“Health – shorthand for good condition (e.g., healthy economy, healthy communities) – is grounded in science yet speaks to citizens.”

What defines a healthy Cache la Poudre?

Clean water

Thriving plants and animals

Takes care of itself

Provides for people

Still around for our kids
We can (and should) measure this

- Fish
- Bugs
- Plants
- Rocks and mud
- Pollution
- Water
- Economics
Flows for a Healthy Poudre River

![Graph showing flow rates for different conditions (Wet Year, Average Year, Dry Year) with key events: Sediment, Nitrogen removal, Trout spawning, Young fish growing up, Winter survival.](image)

- Sediment
- Nitrogen removal
- Trout spawning
- Winter survival